

Patient Informed Consent — Peptide Therapy

Template v0.5 · Adapt to your jurisdiction and practice

1. Purpose of this form

This document explains what you are agreeing to when you begin peptide therapy through this clinic in collaboration with the Peptiter pilot. Read it carefully; ask any question before you sign.

2. What the therapy is

Your prescriber may recommend one of the following: an FDA-approved GLP-1 medication; a 503A-compounded peptide; or, in limited cases, an investigational compound under research-use protocol. The specific compound, dose, and duration will be written in your treatment plan.

3. Expected benefits

Possible benefits include weight reduction, improved glycemic control, improved body composition, or symptom improvement specific to the indication. Benefits are not guaranteed; individual response varies.

4. Known and possible risks

Common: nausea, vomiting, diarrhea, constipation, injection-site reactions, fatigue, headache.

Serious but uncommon: pancreatitis, gallbladder disease, kidney injury from dehydration, severe allergic reaction.

Specific contraindications and your individual risk profile will be reviewed in person.

5. Pharmacogenomic testing (GeneRx)

If your prescriber orders the GeneRx panel, a saliva sample is analyzed for variants in genes that may affect drug response (e.g., GLP1R, MC4R, CYP2D6, MTHFR). Results may change your starting dose, your medication, or your eligibility for therapy. Genetic results are stored encrypted and are never sold.

6. Alternatives

Alternatives include lifestyle modification, other approved medications, bariatric surgery (where indicated), or no treatment. Your prescriber will discuss these with you.

7. Your rights

You may stop therapy at any time. You may withdraw consent for the use of de-identified data in our outcomes program at any time. Stopping therapy will not affect any other care you receive.

Patient signature: _____ Date: _____

Prescriber signature: _____ Date: _____

This template is provided as a starting point. Adapt to comply with the laws of your state or country and the policies of your practice.